October



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Chicken fajitas Mexican rice	Meatloaf Mashed potatoes	Zen Asian cuisine	4
5	6 Philly cheesesteaks	Taco Salad Day Crispy & grilled chicken wraps	8 Boneless wings Mac n cheese	9 Steak and Baked potato	Stuffed pork chops 10 Butter parsley Red potato	11
12	13 Chicken fried chicken Mashed potato gravy Green beans	14 Chicken Cordon Bleu Au gratin potato Deli bar	Salisbury steaks Mashed potato gravy Green beans	Chicken parm Pasta marinara Italian hoagies	BBQ pulled pork Mac n cheese Baked beans	18
19	Stuffed chicken breast, stuffing & mashed potato	Taco Salad Day Burger bar	22 Boneless wings	Philly cheesesteaks	Meatball and Italian sausage hoagies Pasta marinara	25
26	Cornbread chicken Rice pilaf Asparagus	Open face roast beef, crispy & grilled chicken wraps	Turkey dinner Mashed potatoes Stuffing	Spaghetti & meatballs with garlic bread, Reuben sandwich	Zen cuisine	